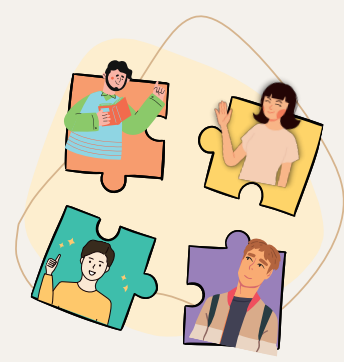




ROGERS STATE
UNIVERSITY
COUNSELING SERVICES

Connecting



A THERAPY GROUP FOR A NEW NORMAL AFTER COVID.

BUILDING THE SOCIAL SKILLS NEEDED TO MOVE FORWARD IN OUR JOURNEY.

We are all in this together!



Every Wednesday @ 4pm |
Starting March 22 - April 26



DCTC - OMA Lounge



Developing self-awareness to
build social confidence



Improving how we present
ourselves



Improving self-Image



Developing assertiveness



Engaging in small talk and group
conversation



Improving Listening skills



For more info.,
please contact:

JULIE FLEETWOOD

918 343 7525

jfleetwood@rsu.edu

RSU

Counseling Services